## 4 Reasons To reduce plastic waste

In Hawaii

Plastics can lead to negative effects such as premature births, infertility, cancers, etc.



Ways that we can help to prevent the release of toxic chemicals of plastics include reducing the use of single-use plastics, opting for reusable alternatives, etc.

Scientists state that an estimated 22 million tons of plastic enters the enviroment, with recovery rates well below 10%.



A few ways that we can help to reduce the amount of plastic waste that enters the environment include buying locally and fresh, reducing food waste, buying in bulk, etc.

Poorer countries often have far less opportunity for use of proper protective equipment, which can often lead to fatal diseases.

One way that this can help be prevented is by donating to a website that is dedicated to funding poorer countries in order to be able to provide them with proper protective equipment.



There are many things that we can do in order to reduce plastic waste in Hawaii, so make sure to do various things such as buying locally, buying reusable items rather than single-use plastics, etc.



### TRASH SORTERS IN GHANA FACE HEALTH AND SAFETY



RISKS (SWIPE ---



# PLASTIC IS MATERIAL KNOWN FOR ITS ABILITY TO MOLD INTO VARIOUS SHAPES DUE TO ITS PLIABLE NATURE.

ERssentially, they are polymers made up of long chains of molecules called monomers, which can be linked together to create strong and durable materials with diverse properties depending on their composition.

# DIFFERENT CHEMICALS CAN LEACH FROM OUR PLASTIC WATER BOTTLES, KNIVES AND DERMATOLOGIC PRODUCTS TO ENTER OUR BODIES.

These compounds are linked to serious health issues such as endocrine disruption, weight gain, insulin resistance, decreased reproductive health, and cancer.



03 ----



# TO MINIMIZE YOUR EXPOSURE TO HARMFUL PLASTIC CHEMICALS, YOU CAN:

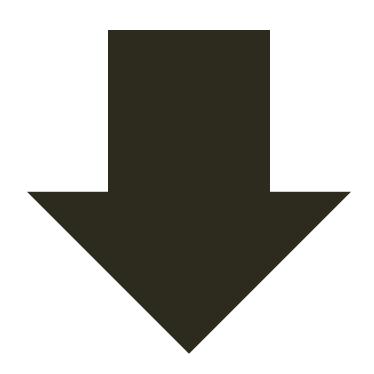
- -Avoid single-use plastics:
- -Store food in glass or metal containers
- -Buy loose produce
- -Don't heat food in plastic
- -Check plastic labels

INTHESE **PICTURES WORKERS IN GHANA HAVE NO PROTECTION** ANDARE **GETTING SICK AND ARE** FACING HEALTH **AND SAFTEY** RISKS



## WANTMORE NFORMATION?

#### LINKBELOW



#### PICTURES AND SOURCES FROM:



Trash Sorters in Ghana Face Health and Safety Risks
Waste pickers play an important role in the recycling process. But for
waste pickers working in a landfill in Accra, Ghana, It's dangerous worl
Thirty-siky-gen-loid johnson Doe has worked as a waste...



Microplastics on Human Health: How much do they harn us?

On this International Day of Persons with Disabilities (PWD), we celebrate the transformative power of leadership by PWDs. This year's theme,



# EFFECTS OF PLASTIC GLOBALLY



## HEALTH IMPACTS OF PLASTIC POLLUTION

Plastic pollution harms health by causing hormonal and respiratory issues. This puts waste pickers at a risk of infectious diseases such a HIV and Hepatitis B & C. Human endocrine, nutritional, and metabolic system.

#### SOCIAL JUSTICE

At the landfill, there is no safety procedures for landfill pickers.

 exposes their skin to certain corrosive and carcinogenic elements.

there is no proper sanitation for

menstural needs.





#### BACKGROUND INFO ABOUT PLASTICS

Plastics have been around for a very long time and are versatile, low-cost materials from polymers, but they cause environmental issues due to waste and recycling challenges. Harm occurs at every stage of the plastic lifestyle.

#### CALL TO ACTION

Act now by reducing plastic use, and supporting candidates who would invest time into signing global plastic treaties.



## DID YOU LEARN ANYTHING FROM THIS?

Be sure to save it so you can come back to it later!



### GUS OF

# What are Plastics?

Plastics, are malleable and synthetically (or semisynthetically) made material





Often made up of things such as coal, and crude oil the production of plastic itself also contributes to global warming

There is thousands of kinds plastics in he world, each of them specifically designed for their usages. To simplify, we created the 7 categorizes of plastics.

Polyethylene terephthalate (PET)

High density polyethylene (HDPE)

Polyvinyl chloride (PVC)

Low Density polyethylene (LDPE)

Polypropylene (PP)

Polystyrene (PS)

Other types of plastics such as Acrylics, Fiberglass, etc.

# In octs

# Despite previously being seen as beneficial to People over the years, many overlooked the side effects of plastics, such side effects are;

Plastics that have broken down overtime (microplastics) get into the bloodstream and damage cells

Plastics often contain a concoction of chemicals inside of them, these chemicals being harmful to our bodies.

People who work with plastics are often exposed to the chemicals plastics contain, which can lead to things such cancer, cardiovascular and lung problems

Plastic can carry
Pathogens, and can
be known to spread
disease, some types
of waste such as
medical waste have
even been able to
spread STDs

Plastics have been known to carry EDC's (endocrine disrupting chemicals) that can cause infertility, birth defects, etc

Plastics, with how much they've been produced, are found in everything, significantly increasing chances of all of these side effects, in everyone

### Environmental Impact of Plastics

Plastic debris, on land and int he ocean, commonly gets caught around an animal, which can strangle it to death.

Additionally, Animals eat plastics either through mistaking it for real food, or because what they eat has plastic, this leads to them dying from lack of nutrition, internal damage from plastics, chemicals, blockages, etc.

The way plastics are made also produce to global warming, as they are commonly created through means that require fossil fuels like coal and oil, Landfills that contain plastic also emit methane gas



# Ways to stop/reduce Plastic pollution

Recycle or Reuse plastics
Instead of throwing them away



Try to use Bio plastics instead of traditional plastics



Avoid single use plastics like bags, utensils, straws, etc



Assist in things such cleanups





#### Plastics in Ka'u

PLASTICS ARE MADE FROM NATURAL MATERIALS SUCH AS CELLULOSE, COAL, NATURAL GAS, SALT AND CRUDE OIL THROUGH A POLYMERISATION OR POLYCONDENSATION PROCESS.

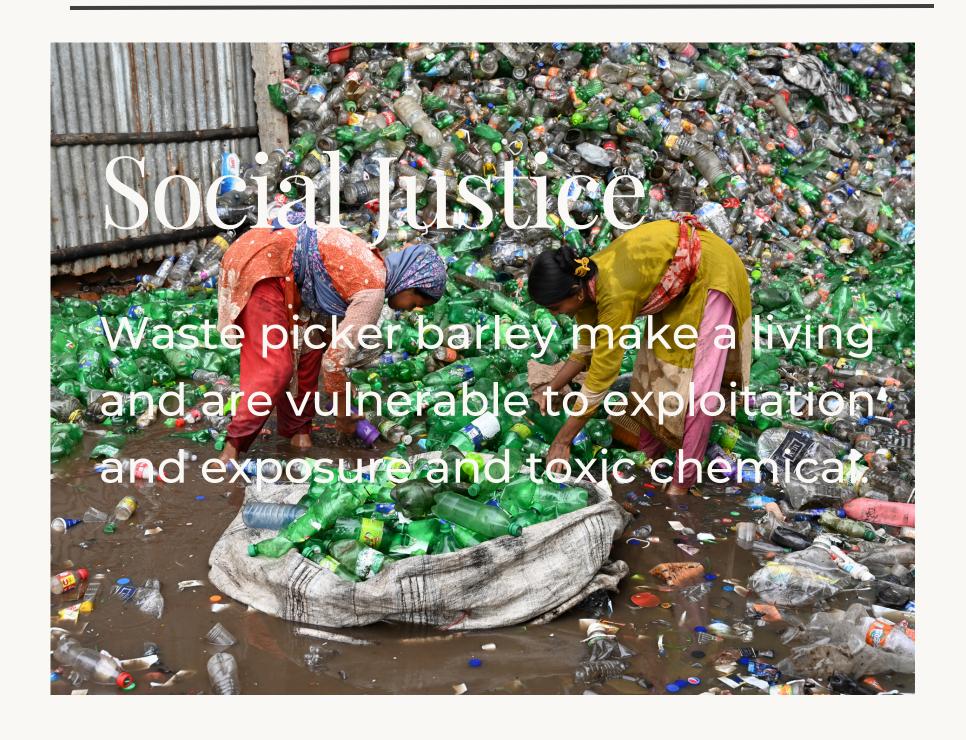






#### Health Effects

Plastic pollution is harmful for the animals and people. It could even cause cancer and birth defects.





## Call To Action In Ka'u

In Ka'u we should always recycle plastic, we should clean up when we see rubbish on our beaches and our neighborhood. We should just use less plastic or ban single use





PAGE INSTAGRAM
CAROUSEL:
PLASTIC >>>



Some health impacts from plastic pollution is HIV and hepatitis B and C. You can reduce risk of people dying. You can get these health impacts by consuming food or water that has been contaminated. If not, you can get them by spread through contact with the blood of others.



In Ka'u, the community can come together and help clean up. It could be a volunteer kind of program to rally people up from the Ka'u district and go to beaches to help clean up.



Plastic pollution is the accumulation of plastic waste in the environment, including oceans, rivers, and land. It can also negatively impact wildlife and ecosystems due to it's persistence and inability to fully decompose.



#### Plastic polution



### what is plastic particles?

Plastic particles, also known as microplastics, are small pieces of plastic that can range in size from 1 nanometer to 5 millimeters

### Environmental Health Findings

- Here are some ways to help the environmental areas: Put Up Signs and Educate Visitors. ...
- Install Bins, Trash Cans, and Recycling Bins. ...
- Maintain Adequate Waste Collection. ...
- Put in The First Cleanup Effort.
- Maintain and Clean the Forest And Conservation Areas Regularly. ...
- Utilize Security Measures.

The Environmental health findings in Hawaii primarily highlight concerns around climate change impacts like rising sea levels, coastal erosion, increased ocean acidity, and extreme weather events



#### Call to action

The call to action on plastic pollution urges individuals and organizations to take immediate steps to significantly reduce plastic waste by actively choosing reusable alternatives, supporting policies that limit single-use plastic production, advocating for better recycling systems, and raising awareness about the harmful impacts of plastic pollution on our environment and wildlife





## Health Impacts of plactic pollution

Microplastics are found in many parts of the body, including the liver, kidneys, placenta, lungs, bloodstream, and gastrointestinal tract. They can cause oxidative stress, DNA damage, and changes in gene activity, which are known risks for cancer.

To minimize the health impacts of plastic pollution, individuals can significantly reduce their use of single-use plastics, opt for reusable alternatives like water bottles and shopping bags



### PLASTICS

By: Hezykiah, Tia

# Background info about plastics

Plastics are complex, highly heterogeneous, synthetic chemical materials. Over 98% of plastics are produced from fossil carbon-coal, oil and gas. Plastics are comprised of a carbon-based polymer backbone and thousands of additional chemicals that are incorporated into polymers to convey specific properties such as color, flexibility, stability, water repellence, flame retardation, and ultraviolet resistance. Many of these added chemicals are highly toxic. They include carcinogens, neurotoxicants and endocrine disruptors such as phthalates, bisphenols, per- and poly-fluoroalkyl substances (PFAS), brominated flame retardants, and organophosphate flame retardants. They are integral components of plastic and are responsible for many of plastics' harms to



human health and the environment.

# Health Imapacts on plastic pollution

Some 13,000 chemicals are associated with plastic production, of which only 7,000 or so have been investigated for their health and environmental impacts. Nearly half of those studied have elements deemed hazardous to human health, but the research—spanning 50 years, multiple languages, thousands of publications, and an alphabet soup's worth of acronyms, synonyms, and chemical compounds —is difficult to navigate. Yet doing so has become increasingly important as plastic production ramps up, along with its potential for causing serious threats to human health.



## Environmental Health Findings

At the Kpone Landfill, all sorts of insects, including maggots, and other pests can be found on decaying garbage, feasting on scraps of food and nesting in rotting material.

Then, there's the medical waste scattered throughout — syringes, blood, pins, needles and other equipment.



#### Call To Action

#### BE A FRIEND:

- Clean up your trash
- Use the Trash
  Cans
  - Minimize single use plastic



Reduce, Reuse
 Recycle